Lesson 8

Exercise 1  Say Sentences

a. Say: The woman is eating. (Tap 4.) The woman is eating.
   • Say: The dog is sleeping. (Tap 4.) The dog is sleeping.
   • Say: These are trees. (Tap 3.) These are trees.
   • Say: This dog is eating. (Tap 4.) This dog is eating.

b. Say: This is a door. (Tap 4.) This is a door.
   • Say: This is a horse. (Tap 4.) This is a horse.

Repeat steps a and b until firm.

c. Say: These are motorcycles. (Tap 3.) These are motorcycles.
   • Say: These are balls. (Tap 3.) These are balls.
   • Say: These are hands. (Tap 3.) These are hands.
   • Say: These are bicycles. (Tap 3.) These are bicycles.

Repeat step c until firm.

d. Say: This is not a bicycle. (Tap 5.) This is not a bicycle.
   • Say: This is not a horse. (Tap 5.) This is not a horse.
   • Say: This is not a door. (Tap 5.) This is not a door.
   • Say: This is not a hand. (Tap 5.) This is not a hand.

Repeat step d until firm.

e. Say: You are sleeping. (Tap 3.) You are sleeping.
   • Say: This girl is eating. (Tap 4.) This girl is eating.
   • Say: The girl is waving. (Tap 4.) The girl is waving.
   • Say: The man is learning English. (Tap 5.) The man is learning English.
   • Say: The girl is learning English. (Tap 5.) The girl is learning English.

Repeat step e until firm.

Exercise 2  Who

2.

   • Your turn: Say who. (Tap.) Who.
   • Again: Say who. (Tap.) Who.

Repeat step a until firm.

b. (Point to picture.)
   • My turn: Who is standing? The girl.
   • Your turn: Who is standing? (Tap 2.) The girl.
   • Who is standing? (Tap 2.) The girl.

Repeat steps b and c until firm.

c. Who is sitting? (Tap 2.) The boy.
   • Who is standing? (Tap 2.) The girl.

Repeat steps b and c until firm.

d. Is the woman sitting? (Tap.) No.
   • Is the woman walking? (Tap.) Yes.
   • Who is walking? (Tap 2.) The woman.
   • Say the whole thing. (Tap 4.) The woman is walking.
   • Who is standing? (Tap 2.) The girl.
   • Say the whole thing. (Tap 4.) The girl is standing.

Repeat steps d and e until firm.

Exercise 3  Object Names

3.

a. (Point to bicycle.) My turn to say the names: (Touch each item as you say:) Bicycle, hand, door, horse, motorcycle.
   • (Point to bicycle.) What is this? (Tap 2.) A bicycle.
   • (Point to hand.) What is this? (Tap 2.) A hand.
   • (Point to door.) What is this? (Tap 2.) A door.
   • (Point to horse.) What is this? (Tap 2.) A horse.
   • (Point to motorcycle.) What is this? (Tap 2.) A motorcycle.

Repeat step a until firm.
Lesson 8

Direct Instruction Spoken English

b. Your turn to say the names:
   • (Point to bicycle.) (Tap.) Bicycle.
   • (Point to hand.) (Tap.) Hand.
   • (Point to door.) (Tap.) Door.
   • (Point to horse.) (Tap.) Horse.
   • (Point to motorcycle.) (Tap.) Motorcycle.
   • (Point to woman.) (Tap.) Woman.
   • (Point to man.) (Tap.) Man.
   • (Point to glass.) (Tap.) Glass.
   • (Point to bus.) (Tap.) Bus.
   • (Point to ball.) (Tap.) Ball.

Repeat step b until firm.

e. (Point to girl walking.) Is this girl walking? (Tap.) Yes.
   • What is this girl doing? (Tap.) Walking.
   Say the whole thing. (Tap 4.) This girl is walking.

Repeat step e until firm.

f. (Point to dog standing.) What is this? (Tap 2.)
   A dog.
   • What is this dog doing? (Tap.) Standing.
   Say the whole thing. (Tap 4.) This dog is standing.

g. (Point to dog walking.) What is this dog doing? (Tap.) Walking.
   Say the whole thing. (Tap 4.) This dog is walking.

h. (Point to dog running.) What is this dog doing? (Tap.) Running.
   Say the whole thing. (Tap 4.) This dog is running.

Repeat steps f through h until firm.

EXERCISE 4

RUNNING

a. My turn: Run.
   • Say run with me. (Tap.) Run.
   • Your turn: Say run. (Tap.) Run.

Repeat step a until firm.

b. Your turn: Say running. (Tap.) Running.

Repeat step b until firm.

c. (Point to girl running.) This girl is running.
   What is this girl doing? (Tap.) Running.
   • (Point to dog running.) What is this dog doing? (Tap.) Running.
   • (Point to girl running.) What is this girl doing? (Tap.) Running.
      Say the whole thing. (Tap 4.) This girl is running.

Repeat step c until firm.

d. (Point to girl standing.) Is this girl walking? (Tap.) No.
   • Is this girl standing? (Tap.) Yes.
   • What is this girl doing? (Tap.) Standing.
      Say the whole thing about this girl. (Tap 4.) This girl is standing.

Repeat step d until firm.

Individual Turns

(Call on individual students to do one of the following tasks:)
   • (Point to girl walking.) What is this? A girl.
      What is this girl doing? Walking.
      Say the whole thing. This girl is walking.
   • (Point to dog running.) What is this? A dog.
      What is this dog doing? Running.
      Say the whole thing. This dog is running.
   • (Point to girl running.) What is this? A girl.
      What is this girl doing? Running.
      Say the whole thing. This girl is running.
   • (Point to dog standing.) What is this? A dog.
      What is this dog doing? Standing.
      Say the whole thing. This dog is standing.
Lesson 8

**Exercise 5** Statement Chain

5

a. My turn: Raise.
   • Say raise. (Tap.) Raise.
   Repeat step a until firm.

b. Say: Raise your hand. (Tap 3.) Raise your hand.
   • Say: Raise my hand. (Tap 3.) Raise my hand.
   • Say: Raise your hand. (Tap 3.) Raise your hand.
   Repeat step b until firm.

c. Your turn: Tell me to raise my hand. (Tap 3.) Raise your hand. (Raise.)
   Repeat step c until firm.

d. Your turn: Raise your hand. [Students raise one hand.]
   (Prompt students to put hand down.)
   • Your turn: Raise your hands. [Students raise both hands.]
   (Prompt students to put hands down.)
   Repeat step d until firm.

e. Say, this is. (Tap 2.) This is.
   • Say, these are. (Tap 2.) These are.
   Repeat step e until firm.

f. (Point to a hand.) Your turn: Is this a glass? (Tap.) No.
   Say the whole thing. (Tap 5.) This is not a glass.
   Repeat step f until firm.

g. (Point to a hand.) Is this a hand? (Tap.) Yes.
   • What is this? (Tap 2.) A hand.
   Say the whole thing. (Tap 4.) This is a hand.

h. (Point to a cup.) Is this a hand? (Tap.) No.
   Say the whole thing. (Tap 5.) This is not a hand.

i. (Point to a hand.) Is this a hand? (Tap.) Yes.
   Say the whole thing. (Tap 4.) This is a hand.

j. (Point to both hands.) What are these?
   (Tap.) Hands.
   Say the whole thing. (Tap 3.) These are hands.
   Repeat steps g through j until firm.

**Exercise 6** Count To

6

a. My turn: Count to 7. 1, 2, 3, 4, 5, 6, 7.
   • What did I count to? (Tap.) 7.

b. Your turn: Count to 7. (Tap 7 times.)
   1, 2, 3, 4, 5, 6, 7.
   • What did you count to? (Tap.) 7.

c. Your turn: Count to 5. (Tap 5 times.)
   1, 2, 3, 4, 5.
   • What did you count to? (Tap.) 5.
   Repeat steps a through c until firm.

d. (Point to words count to.)
   • (Touch each word as you say:) My turn: Count to.
   • Say, count to. (Tap 2 as you and students say:) Count to.
   • Your turn: Say, count to. (Tap 2.) Count to.
   Repeat step d until firm.

e. Say, count to 7. (Tap 3.) Count to 7.
   • Tell me to count to 7. (Tap 3.) Count to 7.
   1, 2, 3, 4, 5, 6, 7.
   • What did I count to? (Tap.) 7.
   Repeat step e until firm.

f. Tell me to count to 4. (Tap 3.) Count to 4.
   1, 2, 3, 4.
   • What did I count to? (Tap.) 4.
   Repeat step f until firm.
Lesson 8

Individual Turns

(Call on individual students to do one of the following tasks:)

- Count to 7: 1, 2, 3, 4, 5, 6, 7. What did you count to? 7.
- Count to 6: 1, 2, 3, 4, 5, 6. What did you count to? 6.
- Tell me to count to 8. Count to 8. 1, 2, 3, 4, 5, 6, 7, 8. What did I count to? 8.

Exercise 7

These are not hands.

<table>
<thead>
<tr>
<th>Hands</th>
<th>Cups</th>
</tr>
</thead>
<tbody>
<tr>
<td>7</td>
<td></td>
</tr>
</tbody>
</table>

a. Say: These are cups. (Tap 3.) These are cups.
   - Say: These are not cups. (Tap 4.) These are not cups.
   - Say: These are not hands. (Tap 4.) These are not hands.
   - Say: These are not dogs. (Tap 4.) These are not dogs.

Repeat step a until firm.

b. (Point to hands.) My turn: Are these hands? Yes.
   - Say: These are hands.

Exercise 8

Riding

<table>
<thead>
<tr>
<th>Ride</th>
</tr>
</thead>
<tbody>
<tr>
<td>8</td>
</tr>
</tbody>
</table>

a. (Point to word ride.) This word is ride.
   - Say ride with me. (Tap.) Ride.
   - Your turn: Say ride. (Tap.) Ride.

Repeat step a until firm.
Lesson 8

Direct Instruction Spoken English

Exercise 9  Student-Teacher Review

a. I am a teacher. I am teaching English.
   • Your turn: Am I a teacher or a student? (Tap 2.) A teacher.

b. What am I? (Tap 2.) A teacher.
   Say the whole thing. (Tap 4.) You are a teacher.
   • What am I teaching? (Tap.) English.
   Say the whole thing. (Tap 4.) You are teaching English.

Repeat steps a and b until firm.

c. Are you a teacher or a student? (Tap 2.) A student.
   • What are you? (Tap 2.) A student.
   Say the whole thing. (Tap 4.) I am a student.
   • What are you learning? (Tap.) English.
   Say the whole thing. (Tap 4.) I am learning English.

Repeat step c until firm.

d. What is my name? (Tap.) [Students respond.]
   Say the whole thing. (Tap 4.) Your name is [teacher’s name].

Repeat step d until firm.

e. (Call on a student.) What is your name? [Student responds.]
   Say the whole thing. (Tap 4.) My name is [student’s name].

Repeat step e with several students.

Exercise 10  Swimming

10a  swim

a. (Point to word swim.) This word is swim.
   • Say wim. (Tap as you and students say:) Wim.
   • Say ssswim. (Tap as you and students say:) Ssswim.
   • Your turn: Say swim. (Tap.) Swim.

Repeat step a until firm.
b. **Say swimming.** (Tap as you and students say:) *Swimming.*
   - Your turn: **Say swimming.** (Tap.) *Swimming.*
   - Repeat step b until firm.

c. (Point to a horse.) **Is this a horse or a dog?**
   (Tap 2.) *A horse.*
   - What is this? (Tap 2.) *A horse.*
   - Yes, a horse.
   - This horse is swimming.
   - What is this horse doing? (Tap.) *Swimming.*
   - Say the whole thing. (Tap 4.) *This horse is swimming.*
   - Repeat step c until firm.

d. (Point to a horse.) **Is this horse walking?**
   (Tap.) *No.*
   - Is this horse eating? (Tap.) *No.*
   - Is this horse swimming? (Tap.) *Yes.*
   - Say the whole thing. (Tap 4.) *This horse is swimming.*

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**EXERCISE 11**  
**STATEMENT CHAIN**

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a. (Sit down.)
   - Everybody, stand up. ✓
   - What are you doing? (Tap 2.) *Standing up.*
   - Say the whole thing. (Tap 4.) *I am standing up.*

b. (Stand up.) **What am I doing?** (Tap 2.) *Standing up.*
   - Say the whole thing. (Tap 4.) *You are standing up.*

c. **Sit down.** ✓
   - Repeat steps a through c until firm.

d. (Call on a student.) **Stand up.** ✓
   - Everybody, what is [student’s name] doing? (Tap 2.) *Standing up.*
   - Say the whole thing about what [student’s name] is doing. (Tap 4.) *[Student’s name] is standing up.*
   - Repeat step d until firm.

e. (Point to dog.) **What is this?** (Tap 2.) *A dog.*
   - Say the whole thing. (Tap 4.) *This is a dog.*
   - Is the dog eating? (Tap.) *No.*
   - Is the dog swimming? (Tap.) *Yes.*
   - What is the dog doing? (Tap.) *Swimming.*
   - Say the whole thing. (Tap 4.) *The dog is swimming.*
   - Repeat steps d and e until firm.

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**INDIVIDUAL TURNS**

(Call on individual students to do one of the following tasks:)
- (Point to a dog.) **What is this?** *A dog.*
  - What is this dog doing? *Swimming.*
  - Say the whole thing. *This dog is swimming.*
- (Point to a horse.) **What is this?** *A horse.*
  - What is this horse doing? *Swimming.*
  - Say the whole thing. *This horse is swimming.*

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f. (Point to woman.) **What is this?** (Tap 2.) *A woman.*
   - Say the whole thing. (Tap 4.) *This is a woman.*
   - Is the woman eating? (Tap.) *Yes.*
   - What is the woman doing? (Tap.) *Eating.*

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Lesson 8

Lesson 8 Direct Instruction Spoken English

h. (Point to cat.) What is this? (Tap 2.) A cat.
   Say the whole thing. (Tap 4.) This is a cat.
   • Is the cat swimming? (Tap.) No.
   • What is the cat doing? (Tap.) Sleeping.
   Say the whole thing about the cat. (Tap 4.) The cat is sleeping.

Repeat step h until firm.

INDIVIDUAL TURNS

(Call on individual students to do one of the following tasks:)

• (Point to woman.) What is this? A woman.
   Say the whole thing. This is a woman.
   What is the woman doing? Eating.
   Say the whole thing. The woman is eating.
• (Point to dog.) What is this? A dog.
   Say the whole thing. This is a dog.
   What is the dog doing? Swimming.
   Say the whole thing. The dog is swimming.
• (Point to cat.) What is this? A cat.
   Say the whole thing. This is a cat.
   What is the cat doing? Sleeping.
   Say the whole thing. The cat is sleeping.

Exercise 12 COUNT 1–8

number

| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 |

- a. (Point to word number.) This word is number.
  • Say number. (Tap as you and students say:)
    Number.
  • Your turn: Say number. (Tap.) Number.
  Repeat step a until firm.

- b. (Point to numbers.) These are numbers.
  • Say numbers. (Tap.) Numbers.
  • What are these? (Tap.) Numbers.
  Repeat steps b until firm.

- c. (Point to 3.) This is a number.
  • My turn: What number is this? 3.
  • Your turn: What is this number? (Tap.) 3.

Exercise 13 GREETINGS

- a. (Point to Hello for 1.) I say hello.
   What do I say? (Tap.) Hello.
 • (Point to Hello for 1.) You say hello.
   What do you say? (Tap.) Hello.
 • (Point to Hello for 1.) Hello.
   (Point to Hello for 1.) Hello.
   Repeat steps a and b until firm.
c. (Point to Hi for 1.) Hi.
   (Point to Hi for 2.) (Tap) Hi.
   • (Point to Hi for 1.) Hi.
   (Point to Hello for 2.) (Tap) Hello.
d. (Point to Hello for 1.) Hello.
   (Point to Hi for 2.) (Tap) Hi.
   • (Point to Hello for 1.) Hello.
   (Point to Hello for 2.) (Tap) Hello.
   Repeat step c and d until firm.

e. (Point to words How are you?) How are you?
   Say it. (Tap 3.) How are you?
   • (Point to word Good.) Good.
   Say it. (Tap) Good.
   • (Point to word Fine.) Fine.
   Say it. (Tap) Fine.
   Repeat step e until firm.

f. (Point to How are you?) I say: How are you?
   What do I say? (Tap 3.) How are you?
   • (Point to Good.) You say good.
   What do you say? (Tap) Good.
   Repeat step f until firm.

g. (Point to How are you?) How are you?
   (Point to Good.) (Tap) Good.
   • (Point to How are you?) How are you?
   (Point to Good.) (Tap) Good.
h. I say: How are you? (Point to Fine.) You say fine.
   • (Point to How are you?) What do I say?
   (Tap 3.) How are you?
   • (Point to Fine.) What do you say?
   (Tap) Fine.
   Repeat steps g and h until firm.
i. (Point to How are you?) How are you?
   (Point to Fine.) (Tap) Fine.
   • (Point to How are you?) How are you?
   (Point to Good.) (Tap) Good.
   Repeat step i until firm.

j. (Point to Okay.) Okay.
   • Your turn: Say okay. (Tap) Okay.
   Repeat step j until firm.

k. I say: How are you? You say, okay.
   l. (Point to How are you?) What do I say?
   (Tap 3.) How are you?
   • (Point to Okay.) What do you say?
   (Tap) Okay.
   Repeat steps k and l until firm.

m. (Point to How are you?) How are you?
   (Point to Okay.) (Tap) Okay.
   • (Point to How are you?) How are you?
   (Point to Fine.) (Tap) Fine.
   • (Point to How are you?) How are you?
   (Point to Good.) (Tap) Good.
   • (Point to How are you?) How are you?
   (Point to Okay.) (Tap) Okay.
   Repeat step m until firm.

n. I say: How are you?
   (Point to Not good.) You say, not good.
   • (Point to How are you?) What do I say?
   (Tap 3.) How are you?
   • (Point to Not good.) What do you say?
   (Tap 2.) Not good.
   • (Point to How are you?) How are you?
   (Point to Not good.) (Tap 2.) Not good.
   Repeat step n until firm.

o. (Point to How are you?) How are you?
   (Point to Okay.) (Tap) Okay.
   • (Point to How are you?) How are you?
   (Point to Fine.) (Tap) Fine.
   • (Point to How are you?) How are you?
   (Point to Not good.) (Tap 2.) Not good.
   • (Point to How are you?) How are you?
   (Point to Good.) (Tap) Good.
   Repeat step o until firm.
Exercise 14  I AM NOT   _ING

Exercise 15  COUNT 1–10

15

1 2 3 4 5 6 7 8 9 10

a. (Point to numbers.) Are these cups or numbers? (Tap.) Numbers. Say the whole thing. (Tap 3.) These are numbers.
b. (Point to 9.) This number is nine. • Say nine. (Tap 9.)
   • Again, say nine. (Tap 9.) What number is this? (Tap 9.)
c. (Point to 10.) This number is ten. • Say ten. (Tap 10.)
   • Again, say ten. (Tap 10.) What number is this? (Tap 10.)

Repeat steps a through c until firm.

d. My turn to count to 10: 1, 2, 3, 4, 5, 6, 7, 8, 9, 10.
   • Your turn: Count to 10 with me. (Tap 10 times.) 1, 2, 3, 4, 5, 6, 7, 8, 9, 10.

Repeat step d until firm.

e. My turn to start with 7 and count to 10: 7, 8, 9, 10.
   • Start with 7 and count to 10 with me. (Tap 4 times.) 7, 8, 9, 10.
   • Your turn: Start with 7 and count to 10. (Tap 4 times.) 7, 8, 9, 10.

Repeat step e until firm.

f. My turn: Start with 5 and count to 10: 5, 6, 7, 8, 9, 10.
   • Your turn: Start with 5 and count to 10. (Tap 6 times.) 5, 6, 7, 8, 9, 10.
   • Start with 2 and count to 9. (Tap 8 times.) 2, 3, 4, 5, 6, 7, 8, 9.
   • Start with 6 and count to 10. (Tap 5 times.) 6, 7, 8, 9, 10.

Repeat step f until firm.

Repeat steps a through g until firm.

14
Lesson 8

Exercise 17

Learning to Ride

to ride

Exercise 16

Who

   • Your turn: Say who. (Tap.) Who.
   • Again: Say who. (Tap.) Who.

b. (Point to picture.)
   • My turn: Who is standing? The girl.
   • Your turn: Who is standing? (Tap 2.) The girl.

c. Who is sitting? (Tap 2.) The boy.
   • Who is standing? (Tap 2.) The girl.

Repeat steps a through c until firm.

d. Is the woman sitting? (Tap.) No.
   • Is the woman walking? (Tap.) Yes.
   • Who is walking? (Tap 2.) The woman.
   Say the whole thing. (Tap 4.) The woman is walking.

e. Who is standing? (Tap 2.) The girl.
   Say the whole thing. (Tap 4.) The girl is standing.
   • Who is sitting? (Tap 2.) The boy.
   Say the whole thing. (Tap 4.) The boy is sitting.

Repeat steps d and e until firm.

g. My turn: What is the girl learning to ride?
   A bicycle.
   • Your turn: What is the girl learning to ride? (Tap 2.) A bicycle.
   • Say: The girl is learning to ride a bicycle. (Tap 8.) The girl is learning to ride a bicycle.

Repeat step g until firm.

Individual Turns

(Call on individual students to do one of the following tasks:)
- Start with 5 and count to 10. 5, 6, 7, 8, 9, 10.
- Start with 7 and count to 10. 7, 8, 9, 10.
- Start with 6 and count to 9. 6, 7, 8, 9.

Exercise 17

Learning to Ride

to ride

a. (Point to words to ride.) These words are, to ride.
   • Say to ride with me. (Tap 2.) To ride.
   • Your turn: Say, to ride. (Tap 2.) To ride.

b. Say: To ride a bicycle. (Tap 4.) To ride a bicycle.
   • Say: To ride a motorcycle. (Tap 4.) To ride a motorcycle.
   • Say, learning to ride. (Tap 3.) Learning to ride.

Repeat steps a and b until firm.

c. Is the man riding a bicycle? (Tap.) No.
   • (Point to boy.) Who is riding a bicycle? (Tap 2.) The boy.
   The boy is riding a bicycle.
   Say the whole thing. (Tap 6.) The boy is riding a bicycle.

d. Who is riding a motorcycle? (Tap 2.) The man.
   Say the whole thing. (Tap 6.) The man is riding a motorcycle.

Repeat steps c and d until firm.

e. My turn: The girl is learning.
   Say the whole thing. (Tap 4.) The girl is learning.

f. My turn: The girl is learning to ride.
   • Say: The girl is learning to ride. (Tap 6.) The girl is learning to ride.

Repeat steps e and f until firm.

g. My turn: What is the girl learning to ride? A bicycle.
   • Your turn: What is the girl learning to ride? (Tap 2.) A bicycle.
   • Say: The girl is learning to ride a bicycle. (Tap 8.) The girl is learning to ride a bicycle.

Repeat step g until firm.
Lesson 8

Exercise 18    THESE ARE NOT S

Exercise 19    YOU ARE TOUCHING

h. My turn: What is the girl learning? To ride a bicycle.
   • Your turn: What is the girl learning? (Tap 4.) To ride a bicycle.
   • Who is learning to ride a bicycle? (Tap 2.) The girl. Yes, the girl is learning to ride a bicycle. Say the whole thing. (Tap 8.) The girl is learning to ride a bicycle.

Repeat step h until firm.

Individual Turns

(Call on individual students to do one of the following tasks:)
   • Who is learning to ride? The girl.
     What is the girl learning to ride? A bicycle.
   • The girl is learning to ride a bicycle.
     Say the whole thing. The girl is learning to ride a bicycle.

Exercise 19

a. I will touch things. Tell me what I touch.
   • (Touch book.) What am I touching? (Tap 2.) A book.
   • (Touch door.) What am I touching? (Tap 2.) A door.
   • (Touch horse.) What am I touching? (Tap 2.) A horse.
   • (Touch motorcycle.) What am I touching? (Tap 2.) A motorcycle.
   • (Touch hand.) What am I touching? (Tap 2.) A hand.

Repeat step a until firm.

   • My turn to say the whole thing: I am touching a motorcycle.

Your turn: Say the whole thing about what I am touching. (Tap 5.) You are touching a motorcycle.
   • (Touch book.) What am I touching? (Tap 2.) A book.
   • Say the whole thing. (Tap 5.) You are touching a book.

Repeat step c until firm.

d. Your turn: Touch a chair.
   • What are you doing? (Tap 3.) Touching a chair.
   • Say the whole thing. (Tap 5.) I am touching a chair.

Touch a shoe.
   • What are you touching? (Tap 2.) A shoe.
   • Say the whole thing. (Tap 5.) I am touching a shoe.

f. (Touch hand.) What am I touching? (Tap 2.) A hand.
   • Say the whole thing. (Tap 5.) You are touching a hand.

Repeat steps d through f until firm.

Repeat steps a and b until firm.

Repeat steps c and d until firm.

Repeat steps c and d until firm.