**Exercise 1**  
**SAY SENTENCES**

a. Your turn: Say nodding. (Tap.) *Nodding.*
   • Say smiling. (Tap.) *Smiling.*
   • Say: I am smiling. (Tap 3.) *I am smiling.*
   • Say: I am clapping. (Tap 3.) *I am clapping.*
   • Say standing. (Tap.) *Standing.*
   • Say, standing up. (Tap 2.) *Standing up.*
   • Say, sitting down. (Tap 2.) *Sitting down.*
   • Say: I am sitting down. (Tap 4.) *I am sitting down.*
   • Say: I am standing up. (Tap 4.) *I am standing up.*

Repeat step a until firm.

**Exercise 2**  
**THIS IS A**

2

a. (Point to book.) What is this? (Tap 2.) *A book.*
   Say the whole thing. (Tap 4.) *This is a book.*

Repeat step a until firm.

b. (Point to pencil.) What is this? (Tap 2.) *A pencil.*
   Say the whole thing. (Tap 4.) *This is a pencil.*

Repeat step b until firm.

c. (Point to chair.) What is this? (Tap 2.) *A chair.*
   Say the whole thing. (Tap 4.) *This is a chair.*

Repeat step c until firm.

d. (Point to cup.) What is this? (Tap 2.) *A cup.*
   Say the whole thing. (Tap 4.) *This is a cup.*

Repeat step d until firm.

e. (Point to girl.) What is this? (Tap 2.) *A girl.*
   Say the whole thing. (Tap 4.) *This is a girl.*

Repeat step e until firm.

f. (Point to boy.) What is this? (Tap 2.) *A boy.*
   Say the whole thing. (Tap 4.) *This is a boy.*

Repeat step f until firm.

**Exercise 3**  
**YOU ARE**

a. Say, stand up. (Tap 2.) *Stand up.*
   • Say, sit down. (Tap 2.) *Sit down.*

b. (Point to yourself.)
   • Tell me to stand up. (Tap 2.) *Stand up.*
   (Stand up.)
   • Tell me to sit down. (Tap 2.) *Sit down.*
   (Sit down.)

Repeat steps a and b until firm.

c. Tell me to clap. (Tap.) *Clap.* (Clap.)
   • Tell me to nod. (Tap.) *Nod.* (Nod.)

Repeat step c until firm.

d. Tell me to wave. (Tap.) *Wave.* (Wave.)
   • Tell me to nod. (Tap.) *Nod.* (Nod.)
   • Tell me to smile. (Tap.) *Smile.* (Smile.)
   • Tell me to clap. (Tap.) *Clap.* (Clap.)

Repeat step d until firm.

e. Your turn: Stand up. [Students stand up.]
   • My turn: What are you doing? (Tap 2.) *Standing up.*
   • Your turn: What are you doing? (Tap 2.) *Standing up.*

f. Sit down. [Students sit down.]
   • What are you doing? (Tap 2.) *Sitting down.*

g. Clap. [Students clap.]
   (Prompt students to keep clapping.)
   • What are you doing? (Tap.) *Clapping.*
   (Prompt students to stop clapping.)

Repeat steps e through g until firm.
Lesson 5

Direct Instruction Spoken English

h. Say: I am standing up. (Tap 4.) I am standing up.
   • Say: I am sitting down. (Tap 4.) I am sitting down.
   • Say: I am clapping. (Tap 3.) I am clapping.
   • Say: You are clapping. (Tap 3.) You are clapping.
   • Say: You are sitting down. (Tap 4.) You are sitting down.
   • Say: You are nodding. (Tap 3.) You are nodding.

Repeat step h until firm.

i. (Stand up.) What am I doing? (Tap 2.) Standing up.
   Say the whole thing. (Tap 4.) You are standing up.

j. (Sit down.) What am I doing? (Tap 2.) Sitting down.
   Say the whole thing. (Tap 4.) You are sitting down.

k. (Smile.) What am I doing? (Tap.) Smiling.
   Say the whole thing. (Tap 3.) You are smiling.

Repeat steps i through k until firm.

l. Your turn: Stand up. [Students stand up.]
   • What are you doing? (Tap 2.) Standing up.
   Say the whole thing. (Tap 4.) I am standing up.

m. Your turn: Sit down. [Students sit down.]
   • What are you doing? (Tap 2.) Sitting down.
   Say the whole thing. (Tap 4.) I am sitting down.

Repeat steps l and m until firm.

Exercise 4

Count 1–8

4a

a. (Point to ball.) Your turn to count these things.
   (Touch each object as students count:) 1, 2, 3, 4, 5.
   • How many things? (Tap.) 5.

Repeat step a until firm.

4b

b. (Point to a car.) What is this? (Tap 2.) A car.
   • Your turn to count these cars. (Touch each car as students count:) 1, 2, 3.
   • How many cars? (Tap.) 3.

Repeat step b until firm.

c. (Point to numbers.) My turn to count to eight.
   (Touch each number as you count:) 1, 2, 3, 4, 5, 6, 7, 8.

Repeat steps c and d until firm.

d. (Point to 6.) This is six.
   • Say six with me. (Tap.) Six.
   • Your turn: Say six. (Tap.) Six.

Repeat until firm.

To Correct Pronunciation

• Say ick. (Tap.) Ick.
• Say icks. (Tap.) Icks.
• Say sick. (Tap.) Sicks.

Repeat until firm.

e. (Point to 7.) This is seven.
   • Say seven with me. (Tap.) Seven.
   • Your turn: Say seven. (Tap.) Seven.

f. (Point to 8.) This is eight.
   • Say eight with me. (Tap.) Eight.
   • Your turn: Say eight. (Tap.) Eight.

Repeat steps e through f until firm.

g. My turn: (Touch each number as you count:) 6, 7, 8.
   • Say it with me. (Touch numbers as you and students count:) 6, 7, 8.
   • Your turn: (Touch numbers as students count:) 6, 7, 8.

h. My turn to start with one and count. (Touch numbers as you count:) 1, 2, 3, 4, 5, 6, 7, 8.
   • Start with one and count with me. (Touch numbers as you and students count:) 1, 2, 3, 4, 5, 6, 7, 8.
   • Count again. (Touch numbers as you and students count:) 1, 2, 3, 4, 5, 6, 7, 8.

Repeat steps g and h until firm.
**Exercise 5**

**This is not a**

- **a.** (Point to pencil.) My turn: Is this a cup? No.
  - Is this a pencil? Yes.

- **b.** (Point to pencil.)
  - Your turn: Is this a boy? (Tap.) No.
  - Is this a cup? (Tap.) No.
  - Is this a pencil? (Tap.) Yes.
  - Say the whole thing. (Tap 4.) This is a pencil.
  - Repeat step b until firm.

- **c.** (Point to dog.) What is this? (Tap 2.) A dog.
  - Is this a dog? (Tap.) Yes.
  - Is this a shoe? (Tap.) No.
  - What is this? (Tap 2.) A dog.
  - Say the whole thing. (Tap 4.) This is a dog.
  - Repeat step c until firm.

- **d.** (Point to word not.) Not.
  - Say not. (Tap and say with students:) Not.
  - Your turn: Say not. (Tap.) Not.
  - Say, not a car. (Tap 3.) Not a car.
  - Say, not a pencil. (Tap 3.) Not a pencil.
  - Say, not a dog. (Tap 3.) Not a dog.
  - Repeat step d until firm.

- **e.** (Point to pencil.)
  - Is this a cup? (Tap.) No.
  - My turn: Say the whole thing. (Tap 5.) This is (pause) not a cup.
  - Is this a shoe? (Tap.) No.
  - My turn: Say the whole thing. (Tap 5.) This is (pause) not a shoe.
  - Is this a cat? (Tap.) No.
  - My turn: Say the whole thing. (Tap 5.) This is (pause) not a cat.
  - Is this a cup? (Tap.) No.

- **f.** My turn: Say the whole thing. (Tap 5.) This is (pause) not a cup.
  - Say it with me. (Tap 5.) This is (pause) not a cup.
  - Your turn: Say: This is not a cup. (Tap 5.) This is not a cup.
  - Repeat step e and f until firm.

- **g.** (Point to dog.) Your turn: Is this a cup? (Tap.) No.
  - Say the whole thing. (Tap 5.) This is not a cup.
  - Repeat step g until firm.

- **h.** (Point to pencil.)
  - Is this a car? (Tap.) No.
  - Say the whole thing. (Tap 5.) This is not a car.
  - Is this a shoe? (Tap.) No.
  - Say the whole thing. (Tap 5.) This is not a shoe.
  - Is this a pencil? (Tap.) Yes.
  - Yes, this is a pencil.
  - Say the whole thing. (Tap 4.) This is a pencil.
  - Yes, this is a pencil.
  - Repeat step h until firm.

**Exercise 6**

**Man Woman**

- **a.** (Point to word man.) This word is man.
  - Say man with me. (Tap.) Man.
  - Your turn: Say man. (Tap.) Man.
  - Repeat step a until firm.

- **b.** (Point to word woman.) This word is woman.
  - Say woman with me. (Tap.) Woman.
  - Your turn: Say woman. (Tap.) Woman.
  - Repeat step b until firm.

- **c.** (Point to picture of woman.) This is a woman.
  - What is this? (Tap 2.) A woman.
  - Repeat step c until firm.
Lesson 5

Direct Instruction Spoken English

**Exercise 7: Greetings**

- **d.** (Point to picture of girl.) **What is this?** (Tap 2.)
  
  A girl.
  
  - (Point to picture of boy.) **What is this?** (Tap 2.)
  
  A boy.
  
  - (Point to picture of woman.) **What is this?** (Tap 2.)
  
  A woman.

Repeat step d until firm.

- **e.** (Point to picture of man.) This is a man.
  
  - **What is this?** (Tap 2.)
  
  A man.

Repeat step e until firm.

- **f.** (Point to woman.) **What is this?** (Tap 2.)
  
  A woman.
  
  - (Point to girl.) **What is this?** (Tap 2.)
  
  A girl.
  
  - (Point to boy.) **What is this?** (Tap 2.)
  
  A boy.
  
  - (Point to man.) **What is this?** (Tap 2.)
  
  A man.

Repeat step f until firm.

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**Exercise 8: Action Review**

- **a.** (Point to word **Hello.**)
  
  Say hello. (Tap.)
  
  - (Point to word **Hello** for man 1.)
  
  Say hello. (Tap.)
  
  - (Point to word **Hello** for man 2.)
  
  Say hello. (Tap.)

Repeat step b until firm.

- **b.** (Point to man 1.)
  
  Say hello. (Tap.)
  
  - (Point to man 2.)
  
  Say hello. (Tap.)
  
  - (Point to man 1.)
  
  Say hello. (Tap.)
  
  - (Point to man 2.)
  
  Say hello. (Tap.)

Repeat step c until firm.

- **c.** (Point to word **How are you?**)
  
  Say: How are you? (Touch each word as you and students say:)
  
  How are you?
  
  - Your turn: Say: How are you? (Tap.)
  
  How are you?

Repeat step d until firm.

- **d.** (Point to word **Good.**)
  
  Good.
  
  - (Point to word **Good.**)
  
  Say good. (Tap.)
  
  - (Point to word **Good.**)
  
  Say good. (Tap.)

Repeat step e until firm.

- **e.** (Point to word **How are you?**)
  
  Say: How are you? (Tap.)
  
  - (Point to word **Good.**)
  
  Say good. (Tap.)
  
  - (Point to word **Good.**)
  
  Say good. (Tap.)

Repeat step f until firm.

- **f.** (Point to man 3.)
  
  Say: How are you? (Tap.)
  
  - (Point to man 4.)
  
  Say good. (Tap.)
  
  - (Point to man 3.)
  
  Say it. (Tap.)
  
  - (Point to man 4.)
  
  Say it. (Tap.)

Repeat step g until firm.

- **g.** (Point to man 1.)
  
  Say it. (Tap.)
  
  - (Point to man 2.)
  
  Say it. (Tap.)
  
  - (Point to man 3.)
  
  Say it. (Tap.)
  
  - (Point to man 4.)
  
  Say it. (Tap.)

Repeat step h until firm.

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Lesson 5

Direct Instruction Spoken English

Exercise 9
Student-Teacher Review

You are a teacher.

a. What is my name? (Tap.) [Students respond.]

b. (Point to a student.) What is your name? [Student responds.]

(Repeat steps a and b with several students.)

c. I am a teacher. What am I? (Tap 2.) A teacher. You are a student. What are you? (Tap 2.) A student.

(Repeat steps c and d until firm.

d. Tell me to clap. (Tap.) Clap. (Clap.)

Tell me to nod. (Tap.) Nod. (Nod.)

Tell me to smile. (Tap.) Smile. (Smile.)

Tell me to stand up. (Tap 2.) Stand up. (Stand up.)

Tell me to sit down. (Tap 2.) Sit down. (Sit down.)

Tell me to wave. (Tap.) Wave. (Wave.)

Tell me to stand up. (Tap 2.) Stand up. (Stand up.)

Repeat steps c and d until firm.

e. Tell me to sit down. (Tap 2.) Sit down. (Sit down.)

What am I doing? (Tap 2.) Sitting down. Say the whole thing. (Tap 4.) You are sitting down.

Repeat step e until firm.

Exercise 10
This is not a

10 not

Exercise 10
This is not a

10 not

a. (Point to word not.)

Say not. (Tap.) Not.

Say, not a dog. (Tap 3.) Not a dog.

Say, not a boy. (Tap 3.) Not a boy.

Say, not a car. (Tap 3.) Not a car.

Repeat step a until firm.

b. (Point to cat.)

Is this a cat? (Tap.) Yes.

Is this a dog? (Tap.) No.

Say the whole thing. (Tap as you and students say:) This is (pause) not a dog.

c. My turn: Say the whole thing. (Tap 5.) This is not a dog.

Is this a dog? (Tap.) No.

Say the whole thing. (Tap 5.) This is not a dog.

Repeat steps b through d until firm.

d. Your turn: Say the whole thing. (Tap 5.) This is not a dog.

Is this a pencil? (Tap.) No.

Say the whole thing. (Tap 5.) This is not a pencil.

Repeat step e until firm.

e. (Point to boy.) Is this a girl? (Tap.) No.

Say the whole thing. (Tap 5.) This is not a girl.

Is this a boy? (Tap.) Yes.

Say the whole thing. (Tap 4.) This is a boy.

Yes, this is a boy.

Is this a car? (Tap.) No.

Say the whole thing. (Tap 5.) This is not a car.

Repeat step e until firm.

f. (Point to pencil.) Is this a car? (Tap.) No.

Say the whole thing. (Tap 5.) This is not a car.

g. (Point to dog.) Is this a dog? (Tap.) Yes.

Say the whole thing. (Tap 4.) This is a dog.

Is this a cat? (Tap.) No.

Say the whole thing. (Tap 5.) This is not a cat.

Is this a shoe? (Tap.) No.

Say the whole thing. (Tap 5.) This is not a shoe.

Repeat steps f and g until firm.
Lesson 5

**INDIVIDUAL TURNS**

(Call on individual students to do one of both of the following tasks:)

- (Point to boy.) Is this a girl? **No.**
  Say the whole thing. **This is not a girl.**
- (Point to pencil.) Is this a shoe? **No.**
  Say the whole thing. **This is not a shoe.**
- (Point to dog.) Is this a cat? **No.**
  Say the whole thing. **This is not a cat.**

**Exercise 11**

I AM ING

a. Tell me to clap. (Tap.) **Clap.** (Clap.)

b. Your turn: **Clap.** [Students clap.]
   - Your turn: **Wave.** [Students wave.]
   - Your turn: **Smile.** [Students smile.]
   - Your turn: **Nod.** [Students nod.]

- Your turn: **What are you doing?** (Tap 2.) **Standing up.**
  Repeat steps a through c until firm.

d. Your turn: **Sit down.** [Students sit down.]
   - What are you doing? (Tap 2.) **Sitting down.**
   Say the whole thing. (Tap 4.) **I am sitting down.**

e. Your turn: **Wave.** [Students wave.]
   (Prompt students to keep waving.)
   - What are you doing? (Tap.) **Waving.**
   Say the whole thing. (Tap 3.) **I am waving.**
  Repeat steps d and e until firm.

**Exercise 12**

EATING SLEEPING

12a eating sleeping

a. (Point to word **eating.**) **Eating.**
   - Say **eat.** (Tap as you and students say:) **Eat.**
   - Say **eating.** (Tap as you and students say:) **Eating.**
   - Your turn: Say **eating.** (Tap.) **Eating.**
  Repeat step a until firm.

b. (Point to girl eating.) **This girl is eating.**
   - What is this girl doing? (Tap.) **Eating.**
  Repeat step b until firm.

c. (Point to word **sleeping.**) **Sleeping.**
   - Say **sleep.** (Tap as you and students say:) **Sleep.**
   - Say **sleeping.** (Tap as you and students say:) **Sleeping.**
   - Your turn: Say **sleeping.** (Tap.) **Sleeping.**
  Repeat step c until firm.

d. (Point to boy sleeping.) **This boy is sleeping.**
   - What is this boy doing? (Tap.) **Sleeping.**
  Repeat step d until firm.

e. (Point to girl eating.)
   - Is this a man? (Tap.) **No.**
   - What is this? (Tap 2.) **A girl.**
   Say the whole thing. (Tap 4.) **This is a girl.**
   - Is this girl eating? (Tap.) **Yes.**

f. My turn: **What is this girl doing?** **Eating.**
   - Your turn: **What is this girl doing?** (Tap.) **Eating.**
  Repeat steps e through g until firm.

h. (Point to boy sleeping.) **What is this?** (Tap 2.) **A boy.**
   Say the whole thing. (Tap 4.) **This is a boy.**
   - What is the boy doing? (Tap.) **Sleeping.**
  Repeat step h until firm.

i. (Point to boy sleeping.)
   - Is this boy sleeping? (Tap.) **No.**
   - Is this boy nodding? (Tap.) **No.**
   - Is this boy eating? (Tap.) **No.**
   - Is this boy sleeping? (Tap.) **Yes.**
   - Is this boy sitting? (Tap.) **No.**
   - What is this boy doing? (Tap.) **Sleeping.**
  Repeat step i until firm.
Lesson 5

Direct Instruction Spoken English

Exercise 13  Count 1–8

a. (Point to chairs.)
   • My turn to count these things. (Touch each chair as you count:) 1, 2, 3, 4, 5, 6, 7, 8.
   • Everybody, count these things. (Touch each chair as students count:) 1, 2, 3, 4, 5, 6, 7, 8.
   Repeat step a until firm.

   • Yes, eight things.
   • Your turn to count these things again. (Touch each chair as students count:) 1, 2, 3, 4, 5, 6, 7, 8.
   Repeat step b until firm.

c. (Face students.)
   • My turn: Count to 8. (Tap 8 times.) 1, 2, 3, 4, 5, 6, 7, 8.

Exercise 14  Teaching-Learning English

14  You are teaching English.

a. (Point to word teaching.)
   • This word is teaching.
   • Say teaching with me. (Tap as you and students say:) Teaching.
   • Your turn: Say teaching. (Tap.) Teaching.
   Repeat step a until firm.

b. (Point to word English.)
   • This word is English.
   • Say English. (Tap.) English.
   • Your turn: Say English. (Tap.) English.
   Repeat step b until firm.

c. My turn: I am teaching English.
   • What am I doing? (Tap 2.) Teaching English.

d. I am teaching English. What am I doing? (Tap 2.) Teaching English.
   • Yes, I am teaching English.
   • What am I doing? (Tap 2.) Teaching English.
   Repeat step d until firm.

e. I am a teacher. I am teaching English.
   • What am I? (Tap 2.) A teacher.
   • What am I doing? (Tap 2.) Teaching English.
   Repeat step e until firm.

f. What am I? (Tap 2.) A teacher.
   • Say the whole thing. (Tap 4.) You are a teacher.
   • What am I doing? (Tap 2.) Teaching English.
   • Say the whole thing. (Tap 4 as you and students say:) You are teaching English.
   Repeat step f until firm.

- Count to 8 with me. (Tap as you and students count:) 1, 2, 3, 4, 5, 6, 7, 8.
- Your turn: Count to 8. (Tap 8 times.) 1, 2, 3, 4, 5, 6, 7, 8.
Repeat step c until firm.
Lesson 5

EXERCISE 15

- a. (Sit down and remain sitting for steps a and b.)
  - Your turn: Stand up. [Students stand.]
  - What are you doing? (Tap 2.) Standing up.
    Say the whole thing. (Tap 4.) I am standing up.
- b. Your turn: Sit down. [Students sit down.]
  - What are you doing? (Tap 2.) Sitting down.
    Say the whole thing. (Tap 4.) I am sitting down.
  Repeat steps a and b until firm.

- c. (Nod and keep nodding.) What am I doing? (Tap.) Nodding.
- (Clap and keep clapping.) What am I doing? (Tap.) Clapping.
- (Smile and keep smiling.) What am I doing? (Tap.) Smiling.
- (Wave and keep waving.) What am I doing? (Tap.) Waving.
  Repeat step c until firm.

- d. (Stand up.) What am I doing? (Tap 2.) Standing up.
  - Say: You are standing up. (Tap 4.) You are standing up.
- e. (Sit down.) What am I doing? (Tap 2.) Sitting down.
  - Say: You are sitting down. (Tap 4.) You are sitting down.
  Repeat steps d and e until firm.

- f. Am I sitting down? (Tap.) Yes.
  - What am I doing? (Tap 2.) Sitting down.
    Say the whole thing. (Tap 4.) You are sitting down.
- g. (Stand up.) What am I doing? (Tap 2.) Standing up.
  - Say the whole thing. (Tap 4.) You are standing up.
  Repeat steps f and g until firm.

- h. (Sit down.) What am I doing? (Tap 2.) Sitting down.
  - Say the whole thing. (Tap 4.) You are sitting down.
  - (Nod.) What am I doing? (Tap.) Nodding.
    Say the whole thing. (Tap 4.) You are nodding.
  - (Stand up.) What am I doing? (Tap 2.) Standing up.
    Say the whole thing. (Tap 4.) You are standing up.
  Repeat step h until firm.

- i. (Point to dog sitting.)
  - What is this? (Tap 2.) A dog.
    Say the whole thing. (Tap 4.) This is a dog.
  - What is this dog doing? (Tap.) Sitting.
  - Is this dog sleeping? (Tap.) No.
- j. (Point to dog sleeping.)
  - Is this dog sitting? (Tap.) Yes.
  - What is this dog doing? (Tap.) Sitting.
    Say the whole thing. (Tap 4.) You are sitting up.
  - (Point to dog sleeping.)
    Is this dog sitting? (Tap.) No.
    What is this dog doing? (Tap.) Sleeping.
  Repeat steps i through k until firm.

- Individual Turns

  - (Call on individual students to do one of the following tasks:)
  - (Point to dog sleeping.)
    What is this dog doing? Sleeping.
  - (Clap and keep clapping.)
    What am I doing? Clapping.
  - Your turn: Stand up. [Student stands up.]
    What are you doing? Standing up.
    Say the whole thing. I am standing up.
  - (Point to dog sitting.)
    What is this dog doing? Sitting.
  - (Smile and keep smiling.)
    What am I doing? Smiling.